



WINTER 2022 Programs

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standards

(*Age is guideline only as coaches will assess appropriate level)

Pre-Shuttle (*Ages 5-7)

13 weeks	FRI	Jan 7 – April 29 (no class Mar 11, Mar 18, Mar 25 & Apr 15)	4-5:30PM	\$244 + GST
	SUN	Jan 9 – April 24 (no class Jan 23, Mar 13 & Mar 20)	11AM-12:30PM	\$244 + GST

Shuttle 1 (*Ages 8-12)

13 weeks	TUES	Jan 11 – Apr 19 (no class Mar 15 & Mar 22)	4-6PM	\$325 + GST
	WED	Jan 12 – April 20 (no class Mar 16 & Mar 23)	4-6PM	\$325 + GST
	FRI	Jan 7 – April 29 (no class Mar 11, Mar 18, Mar 25 & Apr 15)	4-6PM	\$325 + GST
	FRI	Jan 7 – April 29 (no class Mar 11, Mar 18, Mar 25 & Apr 15)	6-8PM	\$325 + GST
	SAT	Jan 8 – April 30 (no class Jan 22, Mar 12, Mar 19 & Mar 26)	5-7PM	\$325 + GST
	SUN	Jan 9 – April 24 (no class Jan 23, Mar 13 & Mar 20)	11AM-1PM	\$325 + GST

Shuttle 2 (*Ages 13-18)

13 weeks	TUES	Jan 11 – Apr 19 (no class Mar 15 & Mar 22)	4-6PM	\$325 + GST
	TUES	Jan 11 – Apr 19 (no class Mar 15 & Mar 22)	6-8PM	\$325 + GST
	WED	Jan 12 – April 20 (no class Mar 16 & Mar 23)	4-6PM	\$325 + GST
	FRI	Jan 7 – April 29 (no class Mar 11, Mar 18, Mar 25 & Apr 15)	4-6PM	\$325 + GST
	FRI	Jan 7 – April 29 (no class Mar 11, Mar 18, Mar 25 & Apr 15)	6-8PM	\$325 + GST
	SAT	Jan 8 – April 30 (no class Jan 22, Mar 12, Mar 19 & Mar 26)	5-7PM	\$325 + GST
	SUN	Jan 9 – April 24 (no class Jan 23, Mar 13 & Mar 20)	11AM-1PM	\$325 + GST

Shuttle 3 (*Ages 15-18)

13 weeks	TUES	Jan 11 – Apr 19 (no class Mar 15 & Mar 22)	6-8PM	\$338 + GST
	SAT	Jan 8 – April 30 (no class Jan 22, Mar 12, Mar 19 & Mar 26)	3-5PM	\$338 + GST
	SUN	Jan 9 – April 24 (no class Jan 23, Mar 13 & Mar 20)	1-3PM	\$338 + GST

Adult (19+)

13 weeks	SUN	Jan 9 – April 24 (no class Jan 23, Mar 13 & Mar 20)	1-3PM	\$338 + GST
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NOTE: There is class on Sunday, March 27th, the last day of Spring Break