



**FALL
2020**

- ✓ **2018-2019 Best of BC Awards Club Winner**
- ✓ **Academy Setting for Optimal Learning**
- ✓ **Highly Qualified NCCP Certified Coaches**
- ✓ **Taraflex Sports Flooring with best safety and performance standards**

Competitive Programs

***By Invitation Only & Must Be
Approved by Performance Director
** NO EXCEPTIONS *****

Shuttle 1C (Ages 8-12)

13 weeks	MON	Sept 14 – Dec 14 <i>(no class Oct 12)</i>	4-6PM	\$897 + GST
	WED	Sept 16 – Dec 16 <i>(no class Nov 11)</i>	6-8PM	
	SAT	Sept 12 – Dec 19 <i>(no class Oct 10 & Nov 21)</i>	1-3PM	

Shuttle 2C (Ages 13-18)

13 weeks	MON	Sept 14 – Dec 14 <i>(no class Oct 12)</i>	6-8PM	\$897 + GST
	THURS	Sept 17 – Dec 10	4-6PM	
	SAT	Sept 12 – Dec 19 <i>(no class Oct 10 & Nov 21)</i>	9-11AM	

Shuttle 3C (Age 15+)

13 weeks	MON	Sept 14 – Dec 14 <i>(no class Oct 12)</i>	8-10PM	\$897 + GST
	THURS	Sept 17 – Dec 10	6-8PM	
	SAT	Sept 12 – Dec 19 <i>(no class Oct 10 & Nov 21)</i>	11AM-1PM	

Junior Elite: Day 4 of Training

10 weeks	SUN	Sept 13 – Dec 20 <i>(no class Oct 11 & Nov 22)</i>	9-11AM ** new time **	\$160 + GST
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Senior Elite: Day 4 of Training

10 weeks	SUN	Sept 13 – Dec 20 <i>(no class Oct 11 & Nov 22)</i>	9-11AM	\$160 + GST
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NOTE: Junior & Senior Elite schedule shows as 10 weeks only
as players are generally away for 3 sessions due to tournaments.